






# which skin care should I use?

product				
	<b>time reversing</b>	<b>royal velvet</b>	<b>optimals nutri calm</b>	<b>optimals cleansers</b>
skin type	dry (hormonally aged)	mature/dry	dry/sensitive	all skin types including sensitive
key ingredients	$\beta$ -Prostimuline™ Complex with Vigna Aconitifolia Seed extract	Iris Isoflavones, rich in sugars, vitamins and essential fatty acids	Blackcurrant extract and Calming Complex rich in natural flavonoids and saponins	Silver Birch extract with Elderflower and Comflower extract in Calming Complex
main benefits	Targets the symptoms of hormonal ageing. All-in-One Cleanser cleanses, removes make up, tones and moisturises	Helps to reduce wrinkles, improves skin firmness and elasticity while limiting waterloss and skin dryness	Calms, soothes and deeply hydrates the skin	Formulas that remove impurities, reduce skin hyper-sensitivity and restore the pH balance of the skin
product				
	<b>optimalas balance</b>	<b>tea tree</b>	<b>aloe</b>	<b>north for men</b>
skin type	oily/combination	oily	all skin types including sensitive	all skin types/men
key ingredients	Silver Birch Extract and Equalising Complex	Organic Tea Tree extract	Organic Aloe Vera extract	Arctic Pro Defence
main benefits	Gently controls oily zones and moisturises dry areas	Rich in natural purifying antimicrobial agents that help oily skin to become blemish free	Naturally soothes, moisturises and calms the skin	Awakens skin, leaving it feeling refreshed, hydrated, cleansed and purified